

Growing a Social Network

Potomac Community Village seniors and Churchill teens plan intergenerational lunch.

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After a successful gathering in August, members of Potomac Community Village and local teens will hold a second get together Dec.

23 at Potomac Community Center.

"It's all about making connections," Dita Smith, PCV Volunteer Chair, said. "Seniors stay linked with our local community, and teens can learn from, and connect with, other community members."^o

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The midday event, from 11:30 a.m. to 1:30 p.m., will feature a pizza lunch, and include board games, cards, help with computer or cell phone questions and time for teens and seniors to get to know more about each other.

"Potomac seniors and teens forge links and discover much to learn from each other," said Mel Rumerman, director of communications for Potomac Community Village. "The groups had so much fun at the very successful intergenerational lunch held at the Potomac Community Center last August that they are replicating the social event which features pizza, cards and games.

Teen coordinator Grace Chen, a member of the PCV board and a student at Churchill High School, enthusiastically endorses the concept.

"It's terrific to surround myself with different people than the people my own age, and to have another perspective from people older

than me," she said.

The Inter-Generational Luncheon will be held from 11:30-1:30 Monday, Dec. 23 at Potomac Community Recreation Center, 11315 Falls Road. There is no cost, but reservations are requested at 240-221-1370 or info@PotomacCommunityVillage.org by Friday, Dec. 20. PCV is a network of neighbors and friends, an all-volunteer nonprofit group which welcomes volunteers and members of all ages, from middle school to adults. The group provides services such as occasional transportation, friendly visits and phone calls, help with computers and cellphones, and with simple household chores, like climbing a ladder to change a light bulb, and programs to create and grow social connections between members and community members. To learn more call 240-221-1370, email info@PotomacCommunityVillage.org or visit www.PotomacCommunityVillage.org.

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